



Pictured:
Screenshot from one of the new video tutorials

● New video series published!

The F.A.C.T.S. project is happy to announce the publication of a six-part video series created to support professionals working with autistic people.

What do we know about the sexual relationships of autistic people?



Challenges

Autistic people often face:

- Limited access to accurate, age-appropriate sex education



The series offers practical, step-by-step tutorials on how to explain key topics around sexual health, gender identity, and relationships in ways that are clear, respectful, and accessible.

The first video, “Knowing My Body” introduces body awareness, bodily changes, and body systems, with strategies to reduce anxiety and promote self-care. The second, “Gender Identity & Gender Expression”, guides professionals in explaining how identity and expression are shaped individually and socially. The third, “Sexual Orientation, Behaviour & Identity”, explores how autistic people may experience sexuality differently and offers tools to create supportive environments.

The fourth video, “Adult Relationships”, examines family ties, friendships, and romantic relationships, showing how autistic and neurotypical experiences often overlap but may be communicated differently. The fifth, “Challenges in Intimate Relationships”, addresses consent, boundaries, and sensory sensitivities that can affect closeness. The final video, “Safety in Intimate Life”, provides guidance on personal space, healthy relationships, and reducing the risk of abuse.

The videos are already available in English, Bulgarian, Italian and Finnish, and are being translated into other languages.

See videos and
other results



● New Training Curriculum published!

We are pleased to announce the publication of the F.A.C.T.S. Training Curriculum, a comprehensive resource designed to support professionals working with autistic individuals on issues of sexuality, gender identity, and relationships.

The curriculum consists of six modules: Awareness of the Body, Gender Identity & Gender Expression, Sexual Identity & Orientation, Sexual Relationships, Challenges in Sexuality, and Safety in Sexuality.

Each module combines evidence-based knowledge with practical tools, focusing on clear communication, respect for diversity, and strategies to promote healthy development and well-being.

Beyond academic knowledge, the curriculum emphasizes interactive and experiential learning, helping professionals address misconceptions, support autonomy, and foster inclusive environments. It also provides guidance for both frontline professionals and general staff, underlining the importance of safe spaces, acceptance, and open dialogue.

The curriculum is intended for professionals working in vocational education centers, mental health services, and care facilities, as well as administrative staff who support autistic people.



Screenshot, website F.A.C.T.S.

Read the curriculum



● Multiplier event

On July 7, 2025, the F.A.C.T.S. project held a multiplier event at the Christos Stelios Ioannou Foundation in Nicosia, Cyprus. The Information and Awareness Day introduced professionals to educational practices on sexuality and gender identity for autistic individuals.

The agenda included a welcome by Project Coordinator Dionysios Serras, a presentation on needs analysis and project principles by Chrystalleni Papadopoulou, an introduction of project partners, and a session showcasing project deliverables, including educational videos and training materials, followed by discussion.



Dionysios Serras speaking to the attendees at the Cyprus multiplier event